

## *Starters*

House Salad	\$4.95	
Marinated tomato, julienne carrots, zucchini, corn, green onion, peppers & crispy noodles.		
Caesar Salad	\$4.95	
Fresh romaine, flat bread croutons & tossed in our lemon garlic dressing.		
Soup	Cup \$3.95	Bowl \$5.50
Your choice of Northwest Mushroom Bisque soup or our daily selection.		

## *Apps*

Artichoke Dip	\$7.95	
Oven roasted artichoke hearts, three cheeses & served with garlic herb flat bread.		
Ultimate Nachos	\$8.95	
Black bean chili, sweet corn, cheddar & pepper jack cheeses, tomato & avocado salsa, cilantro crema.		
	with chicken	\$10.95
Beer Battered Onion Rings	\$6.95	
Thick sliced onions beer battered & served with chipotle ranch dipping sauce.		
Mozzarella Cheese Sticks	\$6.95	
Our house made mozzarella cheese sticks served with a spicy tomato sauce.		
Calamari	\$8.95	
Lightly breaded, tender calamari, baby spinach, lemon aioli & spicy tomato sauce.		
Asian Ribs	\$8.95	
8 seared short ribs braised in a garlic ginger sauce, & served with Asian BBQ & Szechuan slaw.		
Asian Wings	\$8.95	
Tossed in a sweet & spicy ginger hoisin glaze with sticky rice.		
Buffalo Wings	\$8.95	
Classic buffalo sauce, celery sticks & blue cheese dressing.		
Jamaican Jerk Wings	\$8.95	
Tossed in a sweet & spicy jerk barbecue with grilled pineapple salsa.		
Coconut Prawns	\$10.95	
8 coconut rum marinated jumbo shrimp, served with ginger peanut & sweet chili sauces.		
Lettuce Wraps	\$7.95	
Garlic ginger stir fried chicken, carrots, mushrooms, green onions, & water chestnuts.		
Pacific Crab Stack	\$8.95	
Our answer to the California Roll. Sushi rice cake with cucumber, avocado, fresh crab, wasabi aioli, sweet soy & perfect for sharing.		
Spicy Tuna Roll	\$9.25	
Traditional sushi roll, ahi tuna blended with a sriracha aioli.		
Asian Platter	\$15.95	
A shareable sampling of our Asian wings, coconut prawns & Asian style ribs.		
Grand Central Platter	\$16.95	
Fully loaded with buffalo wings, onion rings, mozzarella sticks, & St. Louis style pork ribs.		

## *Entrée Salads*

Pear and Gorgonzola	\$9.75	
Chopped greens, crisp pears, candied hazelnuts, gorgonzola cheese, with a raspberry balsamic vinaigrette.		
Grilled Steak Salad	\$10.95	
Chopped greens, tomato, avocado, red onion, blue cheese vinaigrette, & crispy Yukon gold potatoes.		
Thai Chicken Salad	\$8.95	
Yellow curry marinated chicken breast, napa & red cabbage, chopped greens, carrots, green onion, red pepper, cilantro, with a ginger, lime, peanut dressing.		
Cobb Salad	\$9.50	
Chicken breast, smoked bacon, avocado, tomatoes, olives, egg and blue cheese crumbles.		
Chicken Caesar Salad	\$8.95	
Fresh romaine, grilled chicken breast, flat bread croutons & tossed in house made caesar dressing.		

## House Favorites

Top Sirloin	\$18.95
A grilled 12 oz. cut with blue cheese, red wine demi-glace, white cheddar mashers, roasted tomatoes and buttered spinach.	
Steak and Shrimp	\$19.95
12 oz. Top Sirloin steak with grilled jumbo prawns, garlic herb butter, roasted corn whipped potatoes, served with sauteed seasonal vegetables.	
Pork Chop	\$15.95
Grilled center cut bone in chop, marsala wine sauce, roasted portobello mushrooms, white cheddar mashers, roasted tomatoes and buttered spinach.	
Mac and Cheese	\$9.95
Penne pasta, cheddar and smoked Gouda cheeses, with fresh herbs.	
Halibut Fish and Chips	\$12.95
Red hook ESB battered halibut, served with fries, horseradish slaw & tartar sauce.	
Szechuan Beef	\$12.95
Beef with a sweet soy glaze, green onions, toasted sesame seeds, and sticky rice.	
Kung Pao Chicken	\$11.95
Spicy garlic ginger chicken, roasted peanuts, green onions & sticky rice.	
Garlic Prawns & Forrest Mushroom Linguine	\$15.95
Garlic prawns, smoky pancetta, forest mushrooms, tossed in fresh linguine pasta with garlic parmesan cream sauce, & fresh herbs.	
St. Louis Style Pork Ribs	Half Rack \$12.95
Seared short ribs braised in our House made BBQ sauce, with roasted corn, white cheddar & mashed potatoes.	
	Full rack \$16.95

## Pizza

Cheese	\$9.95
Three cheeses, garlic tomato basil sauce, & fresh herbs.	
Pepperoni	\$10.95
Thick sliced pepperoni, garlic tomato basil sauce & fresh herbs.	
BBQ Chicken	\$11.95
Grilled chicken breast, house made BBQ sauce, smoked Gouda, caramelized onions and peppers.	
Combo	\$11.50
Pepperoni, sausage, onions, mushrooms, olives, and tomatoes.	
Thai Chicken	\$11.95
Yellow curry marinated chicken, carrots, peppers, bean sprouts, cilantro & roasted peanuts.	
Hawaiian	\$10.95
Canadian bacon, fresh pineapple & garlic tomato basil sauce.	
Margherita	\$10.95
Vine ripe tomato, fresh basil, fresh mozzarella & garlic tomato basil sauce.	

## Burgers & Sandwiches

Served with fries.

Classic Burger	\$7.75
100% ground chuck 1/3 lb. patty with lettuce, tomato, onion and mayo.	
Cheese Burger	\$8.50
Our classic burger with swiss, cheddar, smoked Gouda or blue cheese. (add bacon or avocado for \$1.00)	
Sliders	\$7.95
Three mini burgers with chipotle mayo.	
Grand Central Burger	\$9.95
Bacon, cheddar, onion rings, & chipotle mayo.	
Portobello Sandwich	\$9.25
Roasted red peppers, boursin cheese, sun dried tomato pesto, & balsamic aioli.	
Grilled Chicken Breast Sandwich	\$8.50
Grilled chicken with bacon, smoked Gouda, & caramelized onions.	
Reuben	\$9.25
Slow cooked corned beef, sauerkraut, swiss cheese and Russian dressing on marbled rye.	
Grilled Steak Sandwich	\$9.95
Grilled steak, caramelized onions, blue cheese & balsamic aioli on a grilled hoagie.	

We accept Visa, Mastercard, American Express & Discover Card. We do not accept personal checks.  
18% gratuity will be added to groups of 6 or more. Grand Central Bowl is not responsible for lost or stolen items.  
Minors welcome until 9pm.